

Position Statement – NC Board of Physical Therapy Examiners

5. Oversight of Home Health Aides by Physical Therapist

Adopted at the April 17, 1997 NC Board of PT Examiners Meeting

Reviewed by Board – September 23, 2010, June 17, 2015, June 6, 2018, September 2, 2020, June 8, 2022

"The Board recognizes that physical therapists may at times oversee the home care patient's plan of care. As part of the services on the plan of care, when home care aides are ordered by the physician to provide personal care services such as bathing, dressing and/or grooming and/or assistance with activities that are directly supportive of skilled physical therapy services but do not require the skills of a physical therapist to be safely and effectively performed, such as simple maintenance activities which could normally be provided by a family member, the physical therapist may make on-site visits to the patient's home to determine if the aide services as specified above are being delivered in accordance with the plan of care."

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